



Basic Bushwalking Skills Certificate

Assessment Package

Basic Bushwalking Skills Aligning with National Outdoor Recreation Modules

SISOBWG201A	Demonstrate Bushwalk skills in a controlled environment
SISONAV201A	Demonstrate navigation skills in a controlled environment
SISOODR201A	Assist in conducting outdoor recreation sessions
SISOPS201A	Minimise environmental impact
SISOOPS202A	Use and maintain a temporary or overnight site

Basic Bushwalking Skills Certificate

Notes for Assessors:

1. Only a current Bushwalking Leadership SA Bushwalking Leadership Certificate Holder is authorised to assess for the Basic Bushwalking Skills Certificate
2. The assessment may take place in any suitable overnight bushwalking area
3. This unit is one of two entry criteria into the Bushwalking Leadership Induction course conducted by Bushwalking Leadership SA. The other component is a log of bushwalking experiences verifying 10 days or more of overnight bushwalking. Details are available from Bushwalking Leadership South Australia www.bushwalkingleadership.org.au
4. Procedure:
 - 4.1 Fill in the assessment forms as enclosed, either individual or group
 - 4.2 Forward the completed, signed, dated assessment forms to Bushwalking Leadership South Australia, PO Box 564 Hove 5048 or blsa@bushwalkingleadership.org.au
 - 4.3 Pay by EFT (details below):
(Rates for certificates current as of 1/1/2015)

4.3.1 School/Tertiary/TAFE/Unemployed/ATSI	\$15 per certificate
4.3.2 Community	\$20 per certificate
4.3.3 Corporate	\$25 per certificate
 - 4.4 BLSA will email out certificates to assessor to be distributed, unless personal emails are listed.
5. Details of candidates will be kept on a data base by BLSA for 5 years should the candidate wish to continue further training with BLSA.
6. Cost of re-issue of certificate is \$10 plus search fee if required.

EFT Details.

ANZ
Bushwalking Leadership SA
BSB - 015220
Account Number – 476944904
Please put your name in reference to payment.

Bushwalking Basic Skills Certificate: Individual Assessment Sheet

Assessed by a Bushwalking Leadership South Australia certificate holder.

Return to Bushwalking Leadership SA, PO Box 564 Hove 5048 with appropriate fee

“This certificate endorses that on the day of examination, the examiner found the participant to be a competent overnight bushwalk participant. Level of difficulty- introductory. This is not a leadership certificate.”

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Candidate's full name:

Email:

Phone: _____ Assessor: _____ BLSA No. _____

Location _____ Group/Organisation (if applicable) _____

		Comp	NYC	Comment
1	Equipment for Bushwalking Participant presents with appropriate equipment for a bushwalk of moderate difficulty. Rucsack, suitable raincoat, wool/fleece jumper, appropriate footwear, beanie, sunhat, emergency shelter/space blanket, personal first aid, water, appropriate meals and snacks, sunscreen, sleeping bag, sleepmat, cookware, map and compass, whistle, equipment waterproofed.			
2	Follow a Defined Trail Participant able to follow a defined trail as part of a group.			
3	Demonstrate Basic Navigation Orientate map, identify key features using the key or legend, use grid references, identify major field features			
4	Demonstrate Basic Safety Knowledge What to do to avoid snake bite, injured legs, hypothermia and hyperthermia, group separated, getting lost			
5	Demonstrate Basic Emergency Response Knowledge Responses for the above as a competent group member			
6	Walking Competence Demonstrate ability to participate in an overnight walk of moderate difficulty as part of a group			
7	Minimal Impact Practice Demonstrate appropriate minimal impact practices on an overnight bushwalk			
8	Ethical Practice Demonstrate knowledge of ethical practice regarding notification of land managers, crossing fences, gates, access and parking.			
9	Campcraft Demonstrate ability to set up a tent, choose an appropriate campsite, cook and clean up after a meal, pack up efficiently.			

Bushwalking Basic Skills Group Assessment Sheet:

Assessed by Bushwalking Leadership South Australia certificate holder.
Return to Bushwalking Leadership SA PO Box 564 Hove 5048 with appropriate fee

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BLSA Certificate Holder: _____ Group/Organisation: _____

Date: _____ Location _____

	First then last name	Email and telephone	C	NYC
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Signature of Assessor: _____

Bushwalking Basic Skills

Group Assessment Sheet: (for use by assessor only)

BLSA Certificate Holder : _____ Date: _____

Location: _____ Group/Organisation: _____

	Write name of candidate in the boxes to the right. Next to each category, indicate whether competent (C), or not yet competent (NYC). A more complete summary of curriculum is included in the National Outdoor Recreation Industry Training Package, Australian National Training Authority – May 2003																		
1	Equipment for Bushwalking Participant presents with appropriate equipment for a bushwalk of moderate difficulty. Rucksack, suitable raincoat, wool/fleece jumper, appropriate footwear, beanie, sunhat, emergency shelter/space blanket, personal first aid, water, appropriate meals and snacks, sunscreen, sleeping bag, sleeping mat, cookware, map and compass, whistle, equipment waterproofed.																		
2	Follow a Defined Trail Participant able to follow a defined trail as part of a group.																		
3	Demonstrate Basic Navigation Orientate map, identify key features using the key or legend, use grid references, identify major field features																		
4	Demonstrate Basic Safety Knowledge What to do to avoid snake bite, injured legs, hypothermia and hyperthermia, group separated, getting lost																		
5	Demonstrate Basic Emergency Response Knowledge Responses for the above as a competent group member																		
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8	Ethical Practice Demonstrate knowledge of ethical practice regarding notification of land managers, crossing fences, gates, access and parking.																		
9	Campcraft Demonstrate ability to set up a tent, choose an appropriate campsite, cook and clean up after a meal, pack up efficiently.																		

Comments on any of the above candidates: _____

Signature of BLSA Certificate Holder: _____

Forward to PO Box 564 Hove 5048 with appropriate amount and full details for each successful candidate.

Assessment Notes:

		Notes
1	<p>Equipment for Bushwalking Participant presents with appropriate equipment for a bushwalk of moderate difficulty. Rucksack, suitable raincoat, wool/fleece jumper, appropriate footwear, beanie, sunhat, emergency shelter/space blanket, personal first aid, water, appropriate meals and snacks, sunscreen, sleeping bag, sleeping mat, cookware, map and compass, whistle, equipment waterproofed.</p>	<p>1. Rucksack: In good repair and of appropriate size and capacity 2. Raincoat: Must be windproof, waterproof and with a hood 3. Appropriate Footwear In good order. Sandshoes at this level acceptable</p>
2	<p>Follow a Defined Trail Participant able to follow a defined trail as part of a group.</p>	<p>Candidates are not required to travel in off-track terrain, but may do so as part of the group's intended route. Ability to follow major trails, signs, markers only at this level.</p>
3	<p>Demonstrate Basic Navigation Orientate map, identify key features using the key or legend, use grid references, identify major field features</p>	<p>Candidates are not required to be highly competent navigators - navigation modules are for this component. Candidates are to demonstrate enough knowledge of the map so that, should the situation demand, they could make their way to a place of safety or a place to raise the alarm.</p>
4	<p>Demonstrate Basic Safety Knowledge What to do to avoid snake bite, injured legs, hypothermia and hyperthermia, group separated, getting lost, use of fuel stoves or fires.</p>	<p>Candidates are <u>not</u> expected to have first aid knowledge to the level of senior first aid, and bushwalking leaders are not qualified to assess first aid. Basic risk assessment and management to be demonstrated only.</p> <ol style="list-style-type: none"> Snake bite: long pants or gaiters, avoid long grass, do not provoke snakes Injured ankles/ knees: correct footwear for terrain, support joints with previous injuries with braces or tape Hypothermia: eat and drink well, avoid wet, cold and windy situations, put raincoat on early, stop and shelter if cold Hyperthermia: drink copious fluids, rest if hot, avoid heat of day to walk Group separated: roles of back and front marker, if going to toilet, advise leader of location. Group lost: check location constantly, use thumbing or pen to indicate when come to prominent feature. Use of records of times and locations to aid. Fuel stoves: see article 'fuel stoves and their dangers' by G Henwood, Outdoor News- the Journal of OEASA, Vol 18, no 3, 1999 Fires: appropriate size, location, and behaviours around fires
5	<p>Demonstrate Basic Emergency Response Knowledge Responses for the above as a competent group member</p>	<p>Responses:</p> <ol style="list-style-type: none"> Snakebite: rest victim, bandage bite, send for help Injured ankles/ knees: rest victim, walk if able to with support or reduced load, send for help if not Hypothermia: shelter, warm clothes or sleeping bag, warm sugary drinks Hypothermia: rest under shade, copious fluids Group separated: Stop, blow whistle at regular intervals, attract attention with clothes or fire. Group lost: don't panic, either retrace steps to last known point, or go to higher ground or other prominent feature Fuel stoves/ fires: importance of irrigating any burning areas or burns immediately, and seeking help if needed.
6	<p>Walking Competence Demonstrate ability to participate in an overnight walk of moderate difficulty as part of a group</p>	<p>As a guide only, candidates should demonstrate sufficient strength and fitness to walk for 5-6 hours including breaks, for a distance of 10-15 km. This will vary with the weather, terrain and group constraints</p>
7	<p>Minimal Impact Practice Demonstrate appropriate minimal impact practices on an overnight bushwalk</p>	<p>Candidates should demonstrate the ability to 'pack it in, pack it out' with all rubbish etc. If fires used, appropriate fire etiquette should be demonstrated</p>
8	<p>Ethical Practice Demonstrate knowledge of ethical practice regarding notification of land managers, crossing fences, gates, access and parking.</p>	<p>Candidates should be aware of protocol of using trip intention forms, or advising land managers prior to access. Normal practice of avoiding crossing fences, using strainer posts if having to cross, leaving gates as found, not parking on private land unless permission gained.</p>
9	<p>Campcraft Demonstrate ability to set up a tent, choose an appropriate campsite, cook and clean up after a meal, pack up efficiently.</p>	<ol style="list-style-type: none"> Tents: Candidates should be able to erect their tent independently, and place the tent away from gum trees, creeks when raining, exposed areas. Tent or fly should be in good order Cooking: Candidates should be able to cook a nutritious and tasty meal, and clean up after themselves.



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Examined by _____

(Bushwalking Skills Certificate Holder)
Example

Location _____

Date _____ **Only** Certificate no: _____

Certificate Holder is Registered to
Bushwalking Leadership
South Australia
PO Box 564 Hove 5048

