

# Bushwalking Leadership South Australia Inc.

PO Box 564  
HOVE SA 5048  
Phone: 0428974759  
Email: [blsa@bushwalkingleadership.org.au](mailto:blsa@bushwalkingleadership.org.au)  
[www.bushwalkingleadership.org.au](http://www.bushwalkingleadership.org.au)  
ABN: 46 715 602 826

BLC/ABLC Steep Terrain Day – Registration Form

**Sunday 11<sup>th</sup> September 2011 9am – 3pm**  
**Morialta Conservation Park**  
**Cost: \$80 (students 10% discount)**

**See attached map for details**

A compulsory component of the ABLC course and a recommended component of the BLC course. A practical course where trainees are instructed in how to manage groups safely when negotiating steep terrain whilst bushwalking. The day covers aspects of equipment, knots and makeshift harnesses, setting up anchors, group management and pack hauling.

**Full Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **PC** \_\_\_\_\_

**Email**  
**Address:** \_\_\_\_\_ **D.O.B.** \_\_\_\_\_

**Telephone:** (H) \_\_\_\_\_ (W) \_\_\_\_\_  
(M) \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Present Occupation/Course of  
Studies:** \_\_\_\_\_

**Please find enclosed my \$80 course fee. (please circle payment method)**  
**( EFT ANZ**  
Bushwalking Leadership SA  
BSB - 015220 Account Number – 476944904  
Please put your name in reference to payment.  
**/Cheque/Money Order)**

**(\*\*REGISTRATION FEE MUST ACCOMPANY THIS FORM\*\*)**

Please contact your Adviser to discuss your participation in the Steep Terrain Day  
**Return this form, including payment, to reach the above address by Friday 2<sup>nd</sup> September.**

**Office Use Only:**

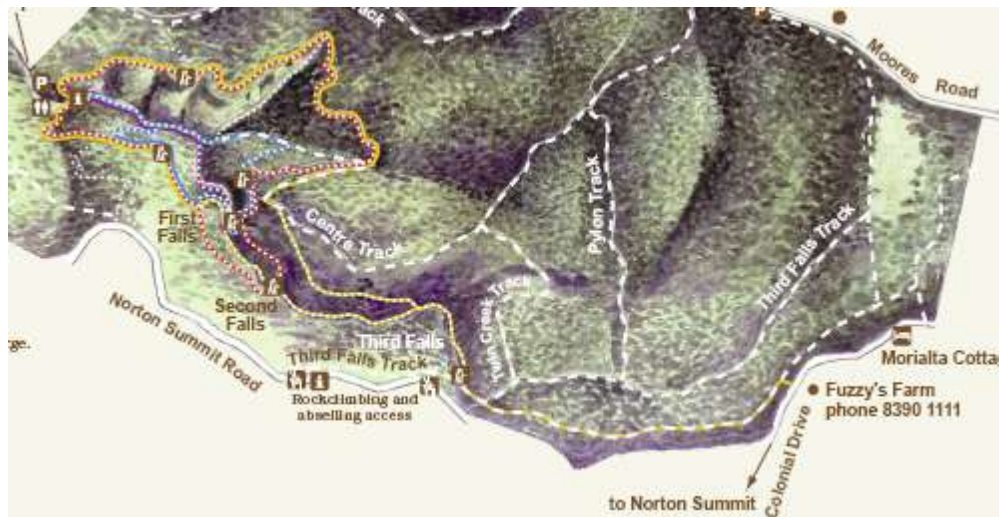
**Invoice Number:** \_\_\_\_\_ **Date of database entry:** \_\_\_\_\_

**Method of Payment: CASH / MONEY ORDER / EFT / CHEQUE (#** \_\_\_\_\_

**Steep Terrain Day:** Information for trainees

**Date:** Sunday 11<sup>th</sup> September 2011

**Location:** Morialta Conservation Park – Morialta Gorge climbing area off Norton Summit Rd



**Meeting Place:** At the parking area on Norton Summit Rd, at the entrance gate to the climbing areas

**Starting Time:** 9.00am

**Finishing time:** 3.00pm approximately

**What to bring:** lunch and appropriate clothing for a day in the outdoors

- All rope/steep terrain/climbing equipment is provided but if you have any personal gear feel free to bring it along.
- BLSA Record Books

**Course Leader:** Gordon Begg  
0428 974 759

[gbegg@westminster.sa.edu.au](mailto:gbegg@westminster.sa.edu.au)

## Course Description

The steep terrain training (STT) provides instruction in the basic techniques of managing a group in steep and difficult terrain. It includes basic rope work for pack hauling and belaying.

The STT is designed to increase trainee's level of experience, skill and comfort in steep and difficult terrain and to further their leadership and technical skills.

The STT aims to introduce a range of techniques and experiences that enables a bushwalking party to increase their safety on steep ground. It also encourages decision making by analysing the different options of managing steep terrain including retreating and locating an easier and safer route.

The STT adopts the principle of experiential and adult learning.

## Objectives

### Steep Terrain 1

1. Training and experience in advanced bushwalking techniques
  - movement on steep and unstable ground
  - use of specialised equipment (rope, tape, karabiners, belay devices, prussic cord)
  - setting up belays
  - belaying techniques
  - pack hauling
2. Leadership development
  - scope of ropework for bushwalking
  - group management on steep and difficult terrain
  - strategies for negotiating steep and difficult terrain (including traverses)
  - steep terrain scenarios – a selection of possible scenarios to be discussed, managed, enacted and debriefed by the group.

## Schedule for the Day

- 9.00 Meet. Move to Far Crag. Introduction.
- 9 30 Walk a loop at Far Crag. Analyse and discuss the steep terrain scenarios and the associated group management. Match / Manage / Modify / Avoid?
- 10.00 Knot Tying – figure 8, double figure 8, clove hitch, alpine butterfly, tape knot, Prussic knots.  
Improvised Harnesses – waist, waist sit, chest (Parisian Baudrier), prussic loop.  
Belaying – body belay, belay devices, Italian hitch.  
Abseiling – belay device, Italian hitch, use of prussic.  
Anchors – Selection. Using one, two and three anchors. Independent loading.
- 11.30 Break
- 12.0 Applications of skills to steep terrain scenarios to include passing packs, utilising and protecting handrails, belaying ascents and descents, abseiling and pack hauling.  
  
Common Edeowie / Abrupt / Gammon scenarios
- 3.00 Course closure and signing log books.